

MURPHY'S HOTEL

Teeling Street, Tubbercurry, Co. Sligo

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Breakfast MENU

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COOKED BREAKFAST

Full Irish – 2 Bacon, 1 Fried Egg, 2 Sausage, Black & White
 Pudding, Tomato, Hash Brown, Mushrooms, and Baked Beans
 (6,7,8,9,10) €8.00

Salmon & Eggs – Smoked Salmon and Scrambled Eggs
 (2,11) €8.00

Poached Eggs, Scrambled Eggs or Fried Eggs (7,11) €6.50

Grilled Kippers (2) €7.00
 (Grilled Kippers with Lemon Wedge & Brown Soda Bread
 and Tea or Coffee)

American Style Pancakes (6,7,9) €7.50
 (with Grilled Bacon or Maple Syrup and tea or coffee)

*All the above served with Tea or Coffee, White or Brown
 Toast and Murphy's Homemade Brown Bread (6,7,9)*

Mary Murphy's Homemade Scones with Jam/Marmalade/
 Butter and Fresh Cream with Tea or Coffee (6,7,9) €4.00

CONTINENTAL BREAKFAST

*Cereals, Croissants, Fresh Fruit Platter, Yoghurts, Ham and Selection of Cheeses
 Tea or Coffee. (6,7,8,9)*

VEGETARIAN BREAKFAST

Mushrooms, Tomato, Eggs, Beans and Hash Brown (6,7,8,9) €6.50

Fresh Fruit Salad €4.50

CEREALS

Cornflakes, Porridge (Milk or Water), Weetabix, All Bran, Coco
 Pops and Muesli (6,9) €2.50

SMOOTHIES

Tropical Delight, Strawberry Split, Tropical Delight, Caribbean
 Breeze, Berry Burst, Sweet Melody, Mango Twister, Berry
 Energiser, Morning Glory, Beet & Blend, Veggie Twist, Green
 Machine, Mighty Green (9) €4.00

HOT DRINKS

Breakfast Tea €2.00

Americano (7) €2.50

Decaff Tea €2.00

Cappucino (7) €3.00

Selection of Herbal Teas Available €2.50

Cafe Latte (7) €3.00

JUICES

Orange, Grapefruit, Prune, Apple & Cranberry Juice (9) €2.60

ALLERGEN INDEX: 1 & 2 Shellfish Crustaceans: shrimp (crevette), prawns, crab, crayfish and lobster Molluscs: clams, cockles, mussels, oysters, octopus, snails, squid (calamari) and scallops 3 Fish 4 Peanuts 5 Nuts: almonds, walnuts, pecan nuts, brazil nuts, hazelnuts, cashews, pinenuts pistachio and macadamia 6 Cereals containing gluten/wheat 7 Milk 8 Soya 9 Sulphur dioxide 10 Sesame seeds 11 Egg 12 Celery and celeriac 13 Mustard 14 Lupin